DUSTING FOR PRINTS!

A DIGITAL DETECTIVE'S GUIDE TO:

LENS #1 TRIGGERS

Before you...

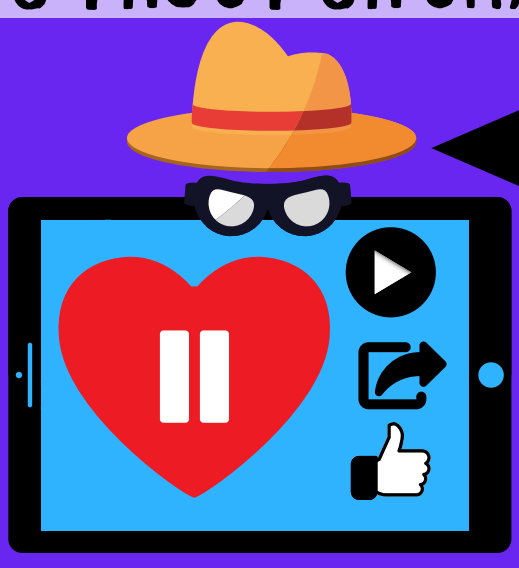
- TRUST
- SHARE
- ENDORSE

Ask Yourself...

1. HOW DOES THIS INFORMATION MAKE ME FEEL?

IF THE ANSWER IS: ANGRY, AFRAID, INSECURE, GREEDY, BETTER THAN OTHER PEOPLE (OR SOME OTHER STRONG EMOTION). THEN: IT'S TIME TO PRESS PAUSE AND MANAGE THOSE EMOTIONS BEFORE MOVING ON.

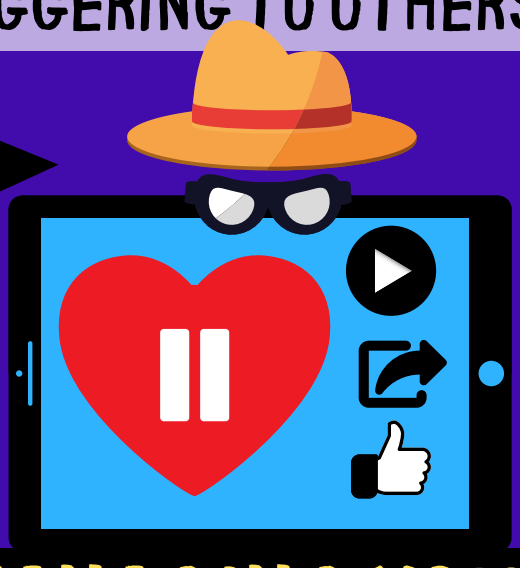
2. HOW DO THESE FEELINGS AFFECT MY URGE TO TRUST OR SHARE THIS INFORMATION?



IF THE ANSWER IS: THESE FEELINGS SPARK AN URGENT DESIRE TO SHARE, LIKE OR COMMENT ON THIS INFORMATION, IT'S TIME TO PRESS PAUSE AND LOOK FOR MORE CREDIBILITY CLUES BEFORE MOVING ON.

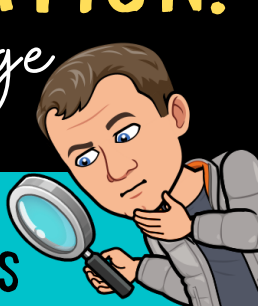
3. EVEN IF THIS INFORMATION IS NOT TRIGGERING ME, ARE THERE ELEMENTS THAT MIGHT BE TRIGGERING TO OTHERS?

IF THE ANSWER IS: YES, THIS MIGHT BE UPSETTING TO OTHERS, IT'S TIME TO PRESS PAUSE AND LOOK FOR MORE CREDIBILITY CLUES BEFORE MOVING ON.



THIS LENS IS ALL ABOUT MANAGING YOUR EMOTIONAL RESPONSE TO INFORMATION.

Ask your teacher about ways to manage your feelings while pressing pause!



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