

SELF-AWARENESS

SELF-MANAGEMENT

SOCIAL AWARENESS

RELATIONSHIP SKILLS

RESPONSIBLE DECISION-MAKING

FUTURE SELF

QUESTIONS FOR LEARNERS TO THINK ABOUT:

- What should I do when news or information makes me feel triggered?
- Are there certain types of information that I am particularly sensitive to?

- How best can I manage my responses to information so that I'm making a positive difference around the spread of false or damaging content?

- How would you feel if you found out sources you trusted were sharing mis- or disinformation?
- How do the comments and likes that surround information affect the way I react to it?

- How do conversations about news affect me emotionally?
- Do I want to be seen as a reliable or unreliable source of information?
- Which will build longer-lasting relations?

- How does allowing my emotions to control how I consume and share information affect my ability to make a positive contribution to the world?

- What kind of world do I want to live?
- What role does the spread of mis/dis and mal information play in the shaping of that world?
- What role do I want to play in shaping that world?

EVIDENCE OF MASTERY:

- Recognizing when information is emotionally triggering
- Identifying the types of information that are most likely to trigger us

- Resisting the urge to engage with or share content that is emotionally triggering
- Developing strategies for managing stress-related to triggers

- Recognizing that sharing false information affects how others view us
- Recognizing how the Community Reading Experience affects our emotional response to news and information

- Participating in news environments in ways that are healthy and productive
- Contributing to information ecosystems in ways that foster healthy relationships

- Recognizing emotional triggers as credibility "red flags"
- Fact-checking
- Lateral reading
- Not sharing false or damaging content
- Unfollowing unreliable sources

- Making decisions that contribute to a healthier information landscape
- Modeling information literacy best practices for others